

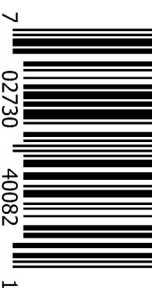
This is an elegant table-runner with lots of room on either side of the star for hot dishes. Finishes approx 20" x 50".

**Fabric Requirements:**

- 1/3 yd background (light blue in the picture).
- 1/2 yd Color One (light medium blue stripe in the picture)
- 1/8 yd Color Two (medium blue in the stars)
- 1/3 yd Border (dark blue in the picture)
- 1/3 yd Binding

**Things you will find helpful:**

- A mechanical pencil
- A mat that rotates
- Best Press or other spray starch
- chocolate (just kidding)



**Need help?** Point your smart phone at this QR code to go to <http://SewHelpMe.info>



**The Fine Print:** You may make one copy of this pattern for your personal use only. Purchase of the pattern entitles you to make any number of quilts for your own use or gifts, and up to ten quilts for sale. You may publicly display this quilt in any venue and enjoy the winnings you are sure to receive. Please credit this pattern on your label. All rights reserved. Thank you! Questions or comments? Contact [phoebeemoondesigns@gmail.com](mailto:phoebeemoondesigns@gmail.com)

# Winter Star



*This lovely table runner would look great on your table. Consider using insulated batting so you can put hot dishes on it. Finishes about 20" x 50".*

**Pattern # 13114**



Phoebe Moon Designs  
3637 Carman Rd  
Schenectady NY 12303

<http://phoebeemoon.com>

# Winter Star Tablerunner

This is an elegant tablerunner with lots of room on either side of the star for hot dishes. Finishes approx 20" x 50". Pattern # 13114



Before beginning this or any other project, wash and press your fabric. If you like the behavior of crisp fabric as you cut, sew and press your project, try a little [Best Press](#) when you iron it. Take the time to clean your machine, put in a new needle and fill a few bobbins. It will save you time later.

Unless the pattern tells you otherwise, you should always assume that the seam in any quilting pattern is 1/4" wide. All strips are cut by with Width of Fabric (WOF.) Read through the pattern first and cross of the pattern colors and write in yours. A 3-1/2" square ruler is helpful but not required.

## Fabric Requirements

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1/3 yd background (light blue in the picture).

Cut (1) strip 4" wide. From this strip, cut (4) 4" x 4" squares. Cut the remainder of the strip down to 3-1/2" wide, then cut (4) 3-1/2" x 3-1/2" squares and (1) 2-5/8" x 2-5/8" square.

Cut (2) strips 3-1/2" wide. From these strips, cut (4) 3-1/2" x 15-1/2" rectangles.

1/2 yd Color One (light medium blue stripe in the picture)

Cut (1) strip 4" wide. From this strip, cut (2) 4" x 4" squares. Cut the remaining strip down to 3" wide.

Cut (1) strip 9-1/2" wide. From this strip, cut (2) 9-1/2" x 15-1/2" rectangles.

1/8 yd Color Two (medium blue in the stars)

Cut (1) strip 4" wide. From this strip, cut (6) 4" x 4" squares.

1/3 yd Border (dark blue in the picture)

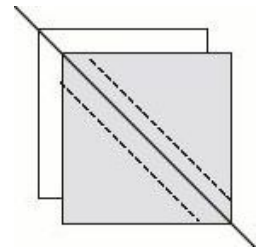
Cut (5) strips 3" wide. From one strip, cut (2) 2-1/2" x 2-1/2" squares. Cut these squares on the diagonal, creating (4) Border Triangles. Sew the remaining partial strip and full strips end to end, mitering the joins if you prefer. From that long strip, cut (2) 3" x 20-1/2" rectangles and (2) 3" x 45-1/2" rectangles.

1/3 yd Binding

Cut (4) strips 2-1/2" wide. Sew them end to end, mitering the join if you prefer.

## Making the Half Square Triangles (HSTs)

This is the traditional method of making these blocks. Place a dark 4" x 4" square and a light 4" x 4" square right sides together. Draw a diagonal line on the back of the light square. Sew 1/4" on either side of this line. Cut on the line. Press to the dark and square up to 3-1/2" x 3-1/2".



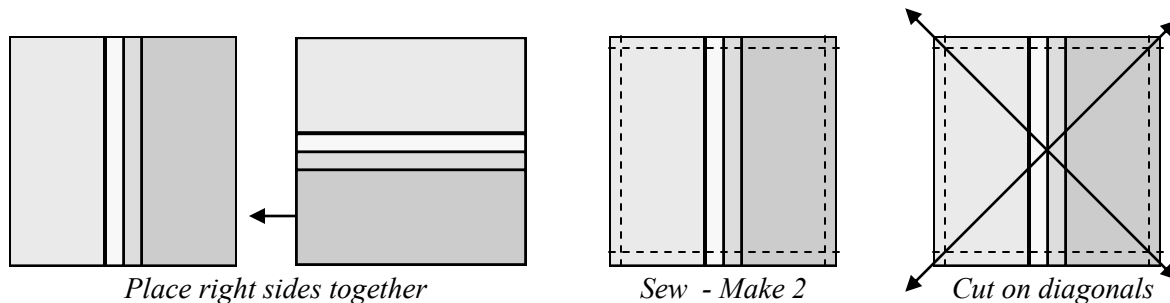
Make 8 HSTs from (4) Background and (4) Color Two 4" x 4" squares. Press and square up.

Make 4 HSTs from (2) Color One and (2) Color Two 4" x 4" squares. Press and square up.



### Making the Three-Part Triangle Units

Sew the 3" wide Color One and Border Strips together, pressing the seam open. Cut this strip set into (4) 5-1/2" x 5-1/2" units and set aside any leftover fabric.



Lay two of these seamed units right sides together, rotating the top one 45 degrees so the seams cross over each other. Sew all the way around the outside of this packet, creating a pillow with no way to get to the inside. Cut this pillow on both diagonals.



Make 4

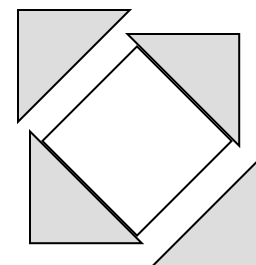
You have just made (4) three-part-triangle blocks, (2) mostly light ones and (2) mostly dark. Press the seam open and square these up to 3-1/2" x 3-1/2". Don't skip this step! Make (4) more three-part-triangle blocks with the remaining seamed units.



Make 4

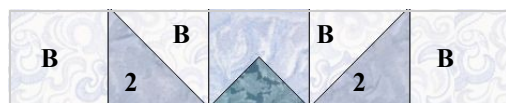
### Making the Center Square in a Square

Sew a Border Triangle to both sides of the 2-5/8" x 2-5/8" Background square, matching the center of the Triangle with the center of the square. Press to the triangle. Sew the remaining triangles to the top and bottom of the unit you just made. After you have pressed to the triangle again, square up this block to 3-1/2" x 3-1/2", taking care to preserve the 1/4" seam allowance. Make (1).



### Creating the Star

Assemble the units you have created so far and the (4) 3-1/2" x 3-1/2" background squares. Create the rows illustrated below and piece the block as shown. Finger press your seams in opposite directions as you put the rows together so they nestle at the intersections. Press when you are done piecing. The color numbers and Background are indicated on the block below.



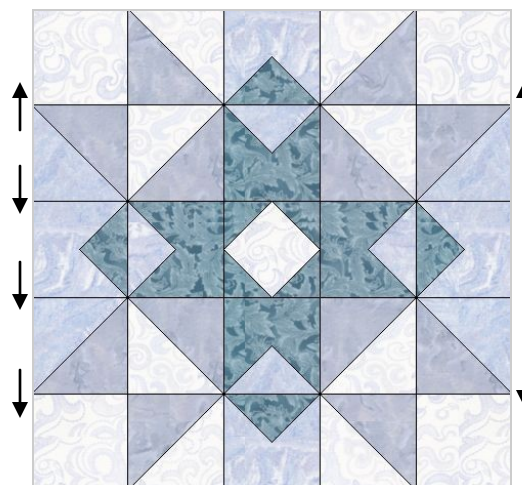
Make 2

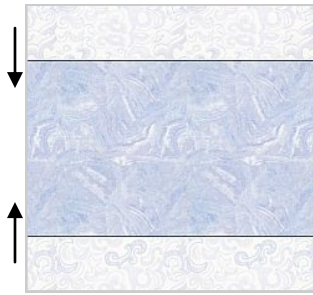


Make 2



Make 1





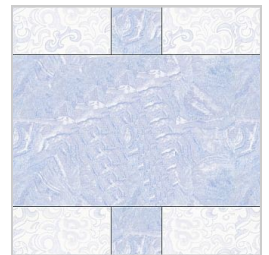
### The Side Blocks

Sew a 3-1/2" x 15-1/2" Background Rectangle to both sides of a 9-1/2" x 15-1/2" Color One rectangle. Press to the Color One Strip. Make 2.

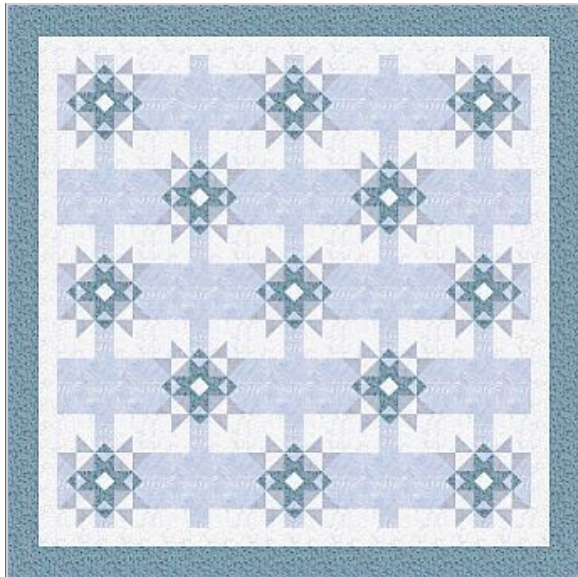
### Putting it all together with borders

Sew a side block to both sides of the Winter Star Block. Press. Sew a 3" x 45-1/2" rectangle to the top and bottom of your table runner. Press to the border. Sew a 3" x 20-1/2" rectangle to both sides of the table runner. Press to the border.

You are done! Just back, bat, bind and enjoy. Could I suggest laying a strip of [Insul-Brite](#) in the center to protect to table from hot dishes? Layer it on top of your regular batting underneath the top. Your quilting will hold it in place, and give your table runner a nice trapunto effect.



Here is another suggestion: Change the side block to look like this one, then use it as an alternate block in a quilt. To make the block shown above, you will need (4) 3-1/2" x 6-1/2" Background rectangles and (2) 3-1/2" x 3-1/2" Color One squares instead of the 3-1/2" x 15-1/2" Background Rectangles. You will also need (1) 9-1/2" x 15-1/2" Color One rectangle.



This is a large and versatile block. Have fun playing with it, and don't forget to send me a picture!



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